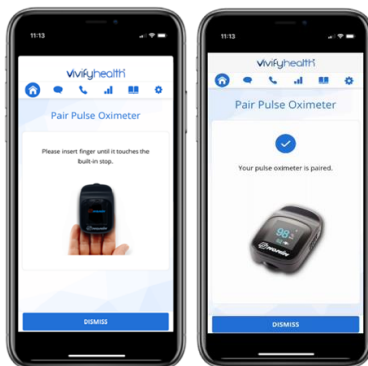# vivifyhealth™

Pulse Oximeter Quick Start Guide

Nonin

The enclosed pulse oximeter is provided for your use during the care management program to measure and display the amount of oxygen in your blood (%SpO2) and your heart rate in beats per minute (bpm). The following information explains the process to pair the pulse oximeter, record your results, and view trend data.
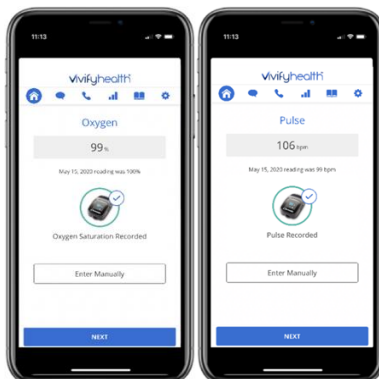
Pair the Device

1. On the Vivify app home screen, select *Have You Received Your Pulse Oximeter* to begin.
2. An animated gif will provide instructions to insert your finger into the pulse oximeter.
3. After the device turns on, the pairing process begins.
4. A pairing request will appear on your phone.
5. Select Pair or Allow to complete the process.

Once the Nonin Pulse Oximeter is successfully paired, a check mark will appear on the Vivify app screen, and a success card will appear on the home screen of the Vivify app for 30 minutes.

Record Your Vitals

1. Insert your finger into the device with both your palm and the device screen facing towards you, until the fingertip touches the built-in stop guide.
2. Make sure the finger is lying flat (not on its side) and is centered within the device. For best results, keep the device at your heart or chest level.
3. The pulse oximeter will record your readings for oxygen and pulse.
4. Confirm each reading, and then select Next.

If the device does not connect and record your data automatically, select Enter Manually. In the field provided, record your data. Please read the *Nonin Pulse Oximiter Operator's Manual* for more information on how to use the device.

View Trend Data

You can view the changes in your biometric data over time using the Trend button. Biometric data for your oxygen and pulse is available in grid and graph format with options to view results by day, the past 7 days, or an average.

Troubleshooting

Why is the meter not turning on?

If the device does not turn on, remove your finger and wait a few seconds before reinserting it.

Why is the reading not transmitting to the phone?

If the reading is not transmitting to the phone, move the device closer to the phone. The meter and the phone should be within 10 feet of each other. Also, you can try to unpair the device and pair it again.

How do I unpair the Nonin Pulse Oximeter

To unpair the device, go to the app settings, hold your finger on the words Nonin Pulse Oximeter, and then tap Yes when the unpair confirmation appears. Repeat the pairing process.

Request a Call

The Request a Call screen may have options for questions, concerns, and technical issues depending on the configuration of the app.